

Hong Kong Elite Rope Skipping Championship 2020 (Demo Cup) cum Hong Kong Delegation Selection

Hong Kong Elite Rope Skipping Championships 2020 (Demo Cup) cum Hong Kong Delegation Selection is scheduled for 11 April 2020, while the Double Dutch Contest HK 2020 will be also held on the same day. The Championships is organized by Hong Kong Rope Skipping Association, China (HKRSA) and subvented by the Leisure and Cultural Services Department (LCSD). In accordance with the rules of the Rope Skipping Championships established by International Double Dutch Contest Executive Committee and International Jump Rope Union (IJRU), HKRSA has modified a set of rules that apply to the Hong Kong Championships. The athletes with outstanding performances in the Championships will be selected as the representatives for Hong Kong Rope Skipping Team to participate in the International Championships. The details and rules are stated below:

Part A: General Information

1. Date and Time of the Championships

Category	Date	Time	Venue
Double Dutch Contest HK 2020 (DDCHK 2020)	11 April 2020 (Sat)	10 am - 1 pm	Tai Kok Tsui Sports Centre
Demo Cup	11 April 2020 (Sat)	2 pm - 6 pm	Tai Kok Tsui Sports Centre

The prize presentation ceremony will be held upon the completion of contests.

Part B: Enrolment Information

1. DDCHK 2020 - Category

Category	Age Division (Date of Birth)	Events
1 Junior	5 - 13 years old 2 April 2007 to 1 April 2015	A. Double Dutch Single Speed Sprint (30 seconds) B. Double Dutch Freestyle (Max. 3 minutes)
2 U-19	13 - 19 years old 2 April 2001 to 1 April 2007	
3 Open	19 years old or above 1 April 2001 or before	

- I. There are three categories, Junior, U-19 and Open, where each category has quotas for three teams or above. The overall quotas among the three categories will be 40.
- II. There is no restriction on the gender of athletes. The numbers of athletes are 3 or above in a team.
- III. Each athlete can only represent one team. However, this does not apply to the constrain of the existing membership policy. (This is only applicable to the Hong Kong Elite Rope Skipping Championships 2020. The existing membership policy will be adopted in the next Championships which means a team must consist of athletes from the same member unit.)
- IV. When a team consists of athletes with different age group, entries should be taken under the eldest athlete among the team.
(e.g. When a team with three 7-year-old athletes and one 13-year-old athlete shall be entered under the U-19 category.)
- V. The performance order of the contest will be drawn by lots. The results will be published on HKRSA website by 23 March 2020.
- VI. In order of using the resources effectively, HKRSA reserves the rights to modify the number of athletes of each category according to the situation.
- VII. The competition area will not be smaller than 15m (length) and 15m (width).
- VIII. ***In Double Dutch Contest Hong Kong 2020, athletes must use cotton rope in Double Dutch Freestyle events.***

2. Demo Cup - Category

Category	Age Division (Date of Birth)	Remark
1 U-14 Open	1 September 2005 or later	/
2 15 or Above Open	31 August 2005 or before	
3 Open	12 years old or above (1 September 2005 or later)	Only participants of this category will be considered in Hong Kong delegation selection.

- I. The overall entries quota among the 3 categories above will not exceed 24 teams.
- II. For any category with less than 3 entries, the contest for that particular category will be cancelled. Thus, entries will be combined and compared with the open category.
- III. Each team should be formed by 4 to 20 athletes with 2 to 6 minutes performance time.
- IV. There is no restriction on the gender of athlete.
- V. Each athlete can only represent one team in the Contest, otherwise, the athlete and the team will be disqualified with no results.
- VI. The performance order will be drawn by lots. The results will be published on HKRSA website by 23 March 2020.
- VII. In order of using the resources effectively, HKRSA reserves the rights to modify the number of athletes of each category according to the situation.
- VIII. The competition area would not be smaller than 15m (length) and 15m (width).

3. Eligibility

Hong Kong Rope Skipping Association, China (HKRSA)

- I. Athletes must hold valid HKRSA membership.
- II. Each athlete can only represent one affiliated/ observing affiliated club/ group member (Only applicable to Demo Cup, does not apply to DDCHK 2020), otherwise, the athlete and the team will be disqualified with no results.

Hong Kong Rope Skipping Federation, China (HKRSF) (Only applicable to the Hong Kong Elite Rope Skipping Championships 2020)

- I. Athletes must hold valid 2019 - 2020 HKRSF membership.

4. Rules and Regulation

- I. The Double Dutch Contest World 2020 Rule Book (DDCW) set by the Double Dutch Contest Executive Committee will be followed unless specified. (Please refer to their website: <http://doubledutchcontest.net/world/eng/index.html>)
- II. The International Jump Rope Union (IJRU) 2020 World Championships Rule Book set by the IJRU will be adopted in Demo Cup unless specified. (Please refer to IJRU website: <https://ijru.sport>)
- III. All athletes must abide by the rules and arrangements outlined by HKRSA.

5. Notices

- I. Athletes must show original valid Hong Kong identity card or passport during registration on the event day. Participants would not be allowed to participate in the Contest without valid ID.
- II. Athletes shall aware of the announcements on the event day. Please ensure to arrive and register at the athletes' reporting and marshalling area on time, otherwise, athletes will be regarded as withdrawal from the Championships. Athletes who enter the competition area without registration will be disqualified.
- III. Only one coach for each athlete or team will be allowed to enter the competition area during registration and competition.
- IV. Athletes shall tie their shoes at once if any shoelace comes untied. Otherwise, no score will be given for the rest of the performance.
- V. Athletes must wear sportswear and sports shoes for safety reasons.
- VI. Athletes in the same team must wear same uniforms. (Not applicable to shoes.)

6. Judges

- I. HKRSA will recruit and appoint eligible and qualified judges (IJRU, HKRSA & HKRSF).
- II. The judging panel of freestyle events is formed by head judge, difficulty judge(s) and presentation judge(s).
- III. The decisions of head judge made on the event day are considered as the final decision of the competition.

7. Judging and Scoring Criteria (Applicable to DDCHK 2020)

Difficulty	Performance	Routine	Originality
<ul style="list-style-type: none"> - Skills difficulty - The use of music - Difficulty of the application of rope 	<ul style="list-style-type: none"> - Facial expression and gestures - Team style and uniforms - Judging, audience involvement and atmosphere 	<ul style="list-style-type: none"> - Overall plot and flow of the performance - Overall smoothness - Smoothness between transition 	<ul style="list-style-type: none"> - Originality of skills - Routine and variety
30%	20%	30%	20%

8. Results and Awards

- I. The top 3 ranked team in DDCHK 2020 under each category will be awarded with a trophy respectively.
- II. The top 3 ranked team in Demo Cup will be awarded with a medal (per athlete) and a trophy (per team) respectively.
- III. In the case of reissuing medal, HKRSA staff will collect contact information from the winning athletes. Medals will be available to collect at HKRSA's office within one month after the competition.

Part 3: Application Procedure

1. Entry Fee

- I. DDCHK 2020 (Double Dutch Single Speed Sprint): HKD 300 per team
- II. DDCHK 2020 (Double Dutch Freestyle): HKD 900 per team
- III. DDCHK 2020 (Two events - I and II): HKD 1,200 per team
- IV. Demo Cup: HKD 1,600 per team

2. Application Method

- I. Please fill in and submit the completed application form along with a crossed cheque payable to 'Hong Kong Rope Skipping Association, China Limited' in person or mail it to 'Flat K, 10/F, Haribest Industrial Building, 45-47 Au Pui Wan Street, Fo Tan, Hong Kong'. Please state 'Hong Kong Elite Rope Skipping Championship 2020 (Demo Cup) cum Hong Kong Delegation Selection (Member's Name)' on the envelope. Once the application is approved, no refund will be made.
- II. Members are required to submit one cheque on behalf of their athletes. Information listed on the cheque must be consistent with the application form. Please submit a separate cheque for applying HKRSA membership.
- III. Please submit application form online and email the athletes' name list to hkrsa.comp@gmail.com. Please state your member name in the subject. (eg: ABC.xls)
- IV. A completed application form should include:
 1. The original application form with organization chop along with athletes' name list
 2. A crossed cheque payable to 'Hong Kong Rope Skipping Association, China Limited'
 3. The original declaration by athletes (It must be signed by parent or guardian for athlete aged under 18)
 4. The copy of athletes' valid ID (HKID or passport)
 5. Soft copy of athletes' name list and entry form (please email to hkrsa.comp@gmail.com)
- V. Items (1) - (4) must be submitted on or before the application deadline in person or by post (The postmark date on the envelope will be regarded as the date of application). Item (5) must be sent to hkrsa.comp@gmail.com by email on or before the application deadline.
- VI. The application will only be considered as successful when all the above documents are submitted on or before the application deadline. Late submission will not be accepted.
- VII. A one-time amendment is offered for each member, submission of the revised document must be followed by the

instruction listed in "2. Application Method - item V".

- VIII. Please contact HKRSA staff if you fail to receive confirmation email after entry submission.
- IX. The receipt of the application will be distributed on the event day. Please assign one representative from each member to collect at the Commend Post.
- X. After the application has been submitted, no refund will be arranged if the athletes are not eligible for the competition.
- XI. Absentees will be regarded as withdrawal from the competition, in which case, no refund will be arranged.

3. Format of Music Submission

- I. HKRSA will communicate with the contact person by email regarding the arrangement of music submission once the entry is confirmed. The music must be submitted on or before the deadline.
 - 1. DDCHK 2020: By 3 April 2020 (Friday)
 - 2. Demo Cup: By 3 April 2020 (Friday)
- II. Only MP3 format will be accepted.
- III. The music must be followed by the requirement below:
 - 1. DDCHK 2020: Category_Team Code_Team Name.mp3 (e.g.: Junior_DDCJ01_ABC.mp3)
 - 2. Demo Cup: Category_Team Code_Team Name.mp3 (e.g.: Junior_J01_ABC.mp3)
- IV. Music with invalid format will not be handled.
- V. The submission link of music will be closed after the deadline. Athletes who fail to submit music before deadline will be assumed as competing without music.

Part 4: Inclement Weather and Emergency Arrangement

- I. If typhoon signal No. 8 or a black rainstorm signal is hoisted 3 hours before reporting time of the first event, HKRSA will announce the cancellation of the competition. HKRSA will communicate with participants for follow up arrangement.
- II. If inclement weather signals are hoisted during competition, the Competition Committee reserves the right to make final decision regarding competition arrangement.
- III. HKRSA will make announcements on reschedule arrangement on HKRSA's website, Facebook or through email. Athletes should pay attention on related announcements.
- IV. The competition will be rescheduled if it is cancelled due to inclement weather or emergency. Athletes who fail to participate on the new event date after rescheduling will be regarded as withdrawal of the competition. In which case, no refund will be made or transferred.

Part 5: Application Deadline and Enquiry

- I. DDCHK 2020 and Demo Cup: By 6 p.m. 20 March 2020 (Friday).
- II. In case of discrepancies between the Chinese and English versions, the Chinese version shall prevail.
- III. For any enquiries, please contact HKRSA at 9464 9757 during office hours or email hkrsa.comp@gmail.com.

***In case of any disputes, Hong Kong Rope Skipping Association, China reserves the right to make final decision. ***
Revised on 29 February 2020