

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24495

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 11 and Younger		Event ID: 24495	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Nok Tung Ma	RSC	92	92	0	21	
2	👤 Chun Yan Leung	HKRSU	89	89	0	18	
3	👤 Yu Cheung Choi	HKRSU	88	88	0	17	
4	👤 Ching Kiu Cho	JTI	86	86	0	19	
5	👤 Ho Wang Jay Tang	Vigor	85	85	0	24	
6	👤 Shun Yin Chan	Alliance	83	83	0	14	
7	👤 Yuk Long Poon	Duckie Learning Centre	82	82	0	15	
8	👤 WAI CHUN CHEUNG	TSRSA	81	81	0	23	
9	👤 Cheuk Lap Lucas Fong	RSC	80.5	80.5	0	20	
10 T	👤 Chun Ting Wong	Ziberty	76	76	0	25	
10 T	👤 Ka Him Chan	Alliance	76	76	0	13	
12	👤 Tin Hang Tivon IP	RSC	74	74	0	22	
13 T	👤 Dick Son Keung	HKSPORTSPRO	73	73	0	1505	
13 T	👤 Yiu Hong Chun	Fever	73	73	0	16	

## 2025 HKRSA Elite Championship

Results

24515

## Single Rope Speed Sprint

Verified Results

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 30+		Event ID: 24515	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Chu Ting Ho	RSC	94.5	94.5	0	380	
2 T	👤 Wing Lok Chow	RSC	94	94	0	379	
2 T	👤 Tsz Kin Chu	JTI	94	94	0	376	
4	👤 Pak Hung Cheung	JTI	93	93	0	377	
5	👤 Kwun Kit Wong	Ngai Muk	83	83	0	378	
6	👤 Long Hei Luk	Duckie Learning Centre	73	73	0	375	

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24501

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 12-15		Event ID: 24501	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1 T	👤 Tsun Ka Ho	Vigor	99	99	0	124	
1 T	👤 Tin Long Lee	RSC	99	99	0	117	
3	👤 Hoi Chun Chan	Skipping Pro Ltd	96	96	0	121	
4	👤 Ho Yuen Louie	RSSAHK	95	95	0	119	
5 T	👤 Qing Bin Chen	RSC	94	94	0	118	
5 T	👤 Tsz Fung Mak	JTI	94	94	0	114	
7 T	👤 Aden Hei Tung CHUNG	Vigor	93	93	0	126	
7 T	👤 Cheuk Yin Lau	HKRSU	93	93	0	108	
9	👤 Yin Hang Chung	Duckie Learning Centre	92	92	0	104	
10	👤 Chung Hei Wong	HKRSU	89	89	0	110	
11	👤 Yui Chit Lee	HKSPORTSPRO	87.5	87.5	0	1508	
12	👤 Cheuk Wang Kwok	Fever	87	87	0	106	
13 T	👤 Pak Hin Kok	Ziberty	86	86	0	127	
13 T	👤 Tsz Hin Cheung	RSC	86	86	0	115	
15 T	👤 Tung Yeung Cheung	Vigor	83	83	0	123	
15 T	👤 Tsz Ming Tsui	RSSAHK	83	83	0	120	
15 T	👤 Ka Hing Guo	Fever	83	83	0	107	

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 12-15	Event ID: 24501	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
18	👤 Leung Ching Chan	Vigor	82	82	0	125
19 T	👤 Hui San Lei	HKRSU	80	90	10	113
19 T	👤 Hau Yin Kwong	Duckie Learning Centre	80	80	0	105
21 T	👤 Ka Lok Chan	Skipping Pro Ltd	79	79	0	122
21 T	👤 Chung Sing Tang	HKRSU	79	79	0	112
21 T	👤 Chun Kit Siu	HKRSU	79	79	0	109
24	👤 Chun Hei Tsang	HKRSU	74	74	0	111
25	👤 Chun lai Kong	RSC	70	70	0	116
	👤 Pak Hin Kok	Ziberty	scratch			128

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24521

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 16-18 (S)			Event ID: 24521
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Ka Lok Ng	HKRSU	106	106	0	441	
2	👤 Zhuo Feng Chen	RSC	105	105	0	444	
3 T	👤 Cheuk Hing Ke	Skipping Pro Ltd	102	102	0	449	
3 T	👤 Hong Yau Choi	Masterful Studio	102	102	0	442	
5 T	👤 Cheuk Lam Ke	Skipping Pro Ltd	98	98	0	448	
5 T	👤 Ka Hei Li	HKRSU	98	98	0	440	
5 T	👤 Tsz Wai Wong	FORCES	98	98	0	437	
8	👤 Man Hei Lai	Skipping Pro Ltd	97	97	0	450	
9	👤 Ming Hin But	RSC	96	96	0	445	
10	👤 Pak Wai Chu	RSC	95.5	95.5	0	446	
11 T	👤 Ka Po Lai	Masterful Studio	93	93	0	443	
11 T	👤 Tin Nam Lee	Elite	93	93	0	435	
13	👤 Pak Ming Yip	FORCES	91	91	0	438	
14 T	👤 Ho Yiu Tang	Skipping Pro Ltd	90	90	0	451	
14 T	👤 Shuishan Jiang	HKRSU	90	90	0	439	
16	👤 Pan Wing Chan	RSSAHK	89	89	0	447	
17	👤 Siu Hang Fong	FORCES	80	80	0	436	
18	👤 Kin Yeung Marco AU	HKSPORTSPRO	79.5	79.5	0	1515	

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24506

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 19+		Event ID: 24506	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Yun San Leung	Elite	108	108	0	239	
2 T	👤 Cheuk Hin Tam	Masterful Studio	107	107	0	255	
2 T	👤 Chun Hei Tsang	Masterful Studio	107	107	0	253	
4	👤 Tin Yau Wong	FORCES	106	106	0	248	
5 T	👤 Chin Hei Lai	Masterful Studio	105	105	0	256	
5 T	👤 Wing Lam Cheung	FORCES	105	105	0	247	
7	👤 Chun Ho Law	Vigor	102	102	0	263	
8	👤 Ching Yau Yuen	Elite	101	101	0	243	
9 T	👤 Chi Hung Wong	Masterful Studio	100	100	0	254	
9 T	👤 Owen Chin Tai Yan	FORCES	100	100	0	250	
11 T	👤 Hon Man Chan	FORCES	99	99	0	249	
11 T	👤 Chi Hin Mak	Elite	99	99	0	244	
13 T	👤 CHON MENG LEE	Masterful Studio	97	97	0	258	
13 T	👤 Tsun Hei Edgar Ho	Elite	97	97	0	240	
15	👤 Wai Wa Anson Man	Alliance	96	96	0	236	
16 T	👤 Lok Hin Tommy Hung	HKSPORTSPRO	94	94	0	1511	
16 T	👤 Pan Hei Lau	Elite	94	94	0	241	

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 19+	Event ID: 24506	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
18 T	👤 Kai Ming Wong	RSC	91	91	0	259
18 T	👤 Cheuk Him Ma	HKRSU	91	91	0	252
20	👤 Tik Long Fung	Alliance	85	85	0	237
21	👤 Ho Yin Leong	FORCES	81	81	0	246
22	👤 Chi Kin Ng	Masterful Studio	80	80	0	257
23	👤 Cheuk Fung Ng	Alliance	76.5	76.5	0	238
24	👤 Ho Hin Tam	Elite	75	75	0	245
25	👤 Sung Chit WONG	FORCES	60	60	0	251
	👤 Yu Fung Ko	RSSAHK	scratch			262
	👤 Po Hang Parco Shum	RSC	scratch			261
	👤 Tin Long Yeung	RSC	scratch			260
	👤 Ho Hin Tam	Elite	scratch			242

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24494

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 11 and Younger		Event ID: 24494	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Hei Yau Chan	Duckie Learning Centre	87.5	87.5	0	2	
2 T	👤 Yan Ki Zheng	Jumper	86	86	0	4	
2 T	👤 Suet Sha Lo	Alliance	86	86	0	1	
4 T	👤 Wing Kwok Pang	Ziberty	84	84	0	12	
4 T	👤 Hoi Ying Fung	Yuen Long Sports Association	84	84	0	11	
6 T	👤 Wai Kiu Cheng	RSC	80	80	0	9	
6 T	👤 YEUK LAM MOK	Jumper	80	80	0	7	
8	👤 Yan Ching Mok	Duckie Learning Centre	76.5	76.5	0	3	
9	👤 Chi Yuet Lai	Jumper	76	76	0	5	
10 T	👤 Chung Yiu Chan	RSC	74	74	0	8	
10 T	👤 Tsz Yu Lai	Jumper	74	74	0	6	
12	👤 Sze Kiu Li	Skipping Pro Ltd	73	73	0	10	



# 2025 HKRSA Elite Championship

Results

24512

# Single Rope Speed Sprint

Verified Results

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 30+	Event ID: 24512		
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
5	👤 Ching Ting Hui	Stunning	92	92	0	370	
6	👤 Kei Ching Chan	Elite	88	88	0	369	

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24500

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 12-15		Event ID: 24500	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	HAU YEE WONG	Fever	108	108	0	77	
2 T	Chin Tung Rellaa So	Skipping Pro Ltd	98	98	0	94	
2 T	Yat Ning Alexis Chong	Elite	98	98	0	75	
4	Emma Wong	Ziberty	97	97	0	103	
5 T	Tsz Yiu Wong	RSC	95	95	0	89	
5 T	Hiu Lam Chan	RSC	95	95	0	87	
7 T	Ka Yan Tsang	JTI	94	94	0	83	
7 T	Sin Yu Luk	HKRSU	94	94	0	82	
9	Kei Ching Lung	Vigor	92	92	0	97	
10 T	Yi Sum Lam	Jumper	91	91	0	86	
10 T	Sze Yu Pang	Jumper	91	91	0	85	
12	Hoi Kiu Lo	Jumper	90.5	90.5	0	84	
13 T	Ka Yan Ng	Vigor	90	90	0	98	
13 T	Hiu Tung Wong	RSC	90	90	0	90	
15 T	Tsz Hei Law	Yuen Long Sports Association	86	86	0	102	
15 T	Chi Hei Chan	Vigor	86	86	0	96	
15 T	Yin Hei Chan	Fever	86	86	0	81	
18	Hei Wing Isabelle CHUNG	Vigor	85.5	85.5	0	100	

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 12-15	Event ID: 24500		
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
19	👤 Cheuk Ying Law	Vigor	85	85	0	101	
20 T	👤 Yee Ching Kwok	Vigor	84	84	0	99	
20 T	👤 Sum Yau Law	Skipping Pro Ltd	84	84	0	95	
20 T	👤 Nok Ching Ma	RSC	84	84	0	88	
20 T	👤 Tsz Fei Lai	Fever	84	84	0	79	
24	👤 Cheuk Lam Jolie NG	RSC	83	83	0	91	
25	👤 Hoi Ching Wong	RSC	82	82	0	93	
26	👤 Tsz Ying Leung	RSC	80	80	0	92	
27	👤 Hiu Chin Au	Elite	77	77	0	76	
28	👤 YU LOK WONG	Fever	73	73	0	80	
29	👤 Chi Yau Fong	Fever	72	72	0	78	

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24518

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 16-18 (S)		Event ID: 24518
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
1	👤 Ka Wai HUANG	Masterful Studio	97	97	0	400
2 T	👤 MEI YI WONG	Vigor	93	93	0	406
2 T	👤 Tsz Ching Gustave Yeung	Skipping Pro Ltd	93	93	0	403
2 T	👤 Tsz Mong Chan	Alliance	93	93	0	393
5	👤 Cheuk Yan Ma	Masterful Studio	90	90	0	399
6 T	👤 Wing Shih	Skipping Pro Ltd	88	88	0	402
6 T	👤 Hoi Tung Cheng	Skipping Pro Ltd	88	88	0	401
8 T	👤 Hoi Ching Li	Vigor	87	87	0	404
8 T	👤 Tsz Yiu Huang	JTI	87	87	0	397
10	👤 Yi Lam Wong	HKRSU	83	83	0	396
11	👤 Yu Tung Lai	Jumper	80	80	0	398
12	👤 Man Yi Katrina Lee	Elite	79	79	0	394
13	👤 Wai Yuet Sophie Ng	FORCES	76	76	0	395
14	👤 Sze Lam Roselyn Law	Vigor	71.5	71.5	0	405

## 2025 HKRSA Elite Championship

## Single Rope Speed Sprint

Results

Verified Results

24509

Event: Single Rope Speed Sprint		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 19+		Event ID: 24509
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
1	👤 Sum Yi Lee	FORCES	106	106	0	329
2	👤 Lok Yin Charisse Shea	Elite	100	100	0	325
3	👤 Shin Hang Lo	HKRSU	95	95	0	330
4 T	👤 Pui Lam Lee	Elite	94	94	0	323
4 T	👤 On Yiu Siu	Elite	94	94	0	321
6 T	👤 Hiu Tung Yuen	Elite	92	92	0	326
6 T	👤 Laam Pui Lam	Elite	92	92	0	324
8 T	👤 Cho Yi Law	Stunning	91	91	0	336
8 T	👤 Yu Fung Ko	RSSAHK	91	91	0	334
10	👤 Yin Ting Poon	RSC	88	88	0	333
11	👤 Cheuk Lam Li	Stunning	87	87	0	335
12	👤 Cheuk Hay Tsang	HKRSU	86	86	0	331
13	👤 Mei Kei Maggie Lau	Masterful Studio	81	81	0	332
14	👤 Hiu Lam Chan	Elite	80	80	0	320
15	👤 Chun Ying Yu	Elite	65	75	10	322
	👤 Wing Yan Wong	FORCES	scratch			328
	👤 Chun Ying Yu	Elite	scratch			327

## 2025 HKRSA Elite Championship

## Single Rope Speed Endurance

Results

Verified Results

24497

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 11 and Younger		Event ID: 24497	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Ho Wang Jay Tang	Vigor	439	439	0	49	
2	👤 Nok Tung Ma	RSC	418.5	418.5	0	46	
3	👤 Cheuk Lap Lucas Fong	RSC	415	415	0	45	
4	👤 Shun Yin Chan	Alliance	413	413	0	38	
5	👤 Chun Yan Leung	HKRSU	409.5	409.5	0	43	
6 T	👤 Ching Kiu Cho	JTI	404.5	404.5	0	44	
6 T	👤 Ka Him Chan	Alliance	404.5	404.5	0	39	
8	👤 Yu Cheung Choi	HKRSU	391.5	391.5	0	42	
9	👤 Yuk Long Poon	Duckie Learning Centre	388	388	0	40	
10	👤 Chun Ting Wong	Ziberty	372	372	0	50	
11	👤 Yiu Hong Chun	Fever	357	357	0	41	
12	👤 WAI CHUN CHEUNG	TSRSA	344	344	0	48	
13	👤 Tin Hang Tivon IP	RSC	342	342	0	47	
14	👤 Dick Son Keung	HKSPORTSPRO	323	323	0	1506	

# 2025 HKRSA Elite Championship

Results

24516

# Single Rope Speed Endurance

Verified Results

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 30+		Event ID: 24516	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	 Chu Ting Ho	RSC	532	532	0	386	
2	 Pak Hung Cheung	JTI	489	489	0	383	
3	 Wing Lok Chow	RSC	460	460	0	385	
4	 Tsz Kin Chu	JTI	440	440	0	382	
5	 Long Hei Luk	Duckie Learning Centre	340	340	0	381	
	 Kwun Kit Wong	Ngai Muk	scratch			384	

## 2025 HKRSA Elite Championship

Results

24503

## Single Rope Speed Endurance

Verified Results

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 12-15		Event ID: 24503	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Hoi Chun Chan	Skipping Pro Ltd	498	498	0	174	
2	👤 Cheuk Yin Lau	HKRSU	483.5	483.5	0	161	
3	👤 Tung Yeung Cheung	Vigor	474	474	0	176	
4	👤 Tsun Ka Ho	Vigor	459	459	0	177	
5	👤 Tin Long Lee	RSC	449	449	0	170	
6	👤 Qing Bin Chen	RSC	445	445	0	171	
7	👤 Cheuk Wang Kwok	Fever	439	439	0	159	
8	👤 Tsz Ming Tsui	RSSAHK	437	437	0	173	
9	👤 Ho Yuen Louie	RSSAHK	432.5	432.5	0	172	
10	👤 Tsz Fung Mak	JTI	430	430	0	167	
11 T	👤 Aden Hei Tung CHUNG	Vigor	422	422	0	179	
11 T	👤 Ka Hing Guo	Fever	422	422	0	160	
13	👤 Tsz Hin Cheung	RSC	418.5	418.5	0	168	
14	👤 Yin Hang Chung	Duckie Learning Centre	416	416	0	157	
15	👤 Leung Ching Chan	Vigor	411	411	0	178	
16	👤 Ka Lok Chan	Skipping Pro Ltd	410.5	410.5	0	175	
17	👤 Chung Hei Wong	HKRSU	408.5	408.5	0	163	



Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 12-15	Event ID: 24503	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
18	👤 Pak Hin Kok	Ziberty	407	407	0	180
19	👤 Hui San Lei	HKRSU	404.5	404.5	0	166
20	👤 Yui Chit Lee	HKSPORTSPRO	399.5	399.5	0	1509
21	👤 Chun Kit Siu	HKRSU	399	399	0	162
22	👤 Chun lai Kong	RSC	390	390	0	169
23	👤 Chung Sing Tang	HKRSU	370	370	0	165
24	👤 Hau Yin Kwong	Duckie Learning Centre	368.5	368.5	0	158
25	👤 Chun Hei Tsang	HKRSU	331	331	0	164
	👤 Pak Hin Kok	Ziberty	scratch			181

## 2025 HKRSA Elite Championship

## Single Rope Speed Endurance

Results

Verified Results

24522

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 16-18 (S)		Event ID: 24522
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
1	👤 Ka Po Lai	Masterful Studio	532	532	0	460
2	👤 Hong Yau Choi	Masterful Studio	495	495	0	459
3	👤 Cheuk Hing Ke	Skipping Pro Ltd	493.5	493.5	0	466
4	👤 Zhuo Feng Chen	RSC	492.5	492.5	0	461
5	👤 Ming Hin But	RSC	486	486	0	462
6	👤 Pak Ming Yip	FORCES	485	485	0	455
7	👤 Ka Lok Ng	HKRSU	484.5	484.5	0	458
8	👤 Cheuk Lam Ke	Skipping Pro Ltd	478	478	0	465
9	👤 Tsz Wai Wong	FORCES	472	472	0	454
10	👤 Ka Hei Li	HKRSU	466	466	0	457
11 T	👤 Man Hei Lai	Skipping Pro Ltd	458	458	0	467
11 T	👤 Shuishan Jiang	HKRSU	458	458	0	456
13	👤 Pak Wai Chu	RSC	453	453	0	463
14	👤 Ho Yiu Tang	Skipping Pro Ltd	436	436	0	468
15	👤 Pan Wing Chan	RSSAHK	435	435	0	464
16	👤 Tin Nam Lee	Elite	428	428	0	452
17	👤 Siu Hang Fong	FORCES	419	419	0	453
	👤 Kin Yeung Marco AU	HKSPORTSPRO	scratch			1517
	👤 Kin Yeung Marco AU	HKSPORTSPRO	scratch			1516

## 2025 HKRSA Elite Championship

Results

24507

## Single Rope Speed Endurance

Verified Results

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 19+		Event ID: 24507	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Tin Yau Wong	FORCES	548	548	0	276	
2	👤 Wing Lam Cheung	FORCES	517	517	0	275	
3	👤 Pan Hei Lau	Elite	516	516	0	270	
4	👤 Yun San Leung	Elite	505	505	0	271	
5	👤 Chin Hei Lai	Masterful Studio	500.5	500.5	0	284	
6	👤 Cheuk Him Ma	HKRSU	496	496	0	280	
7	👤 Kai Ming Wong	RSC	482	482	0	287	
8	👤 Chi Hin Mak	Elite	479	479	0	267	
9	👤 Lok Hin Tommy Hung	HKSPORTSPRO	472.5	472.5	0	1512	
10	👤 Hon Man Chan	FORCES	470	470	0	277	
11	👤 Wai Wa Anson Man	Alliance	469.5	469.5	0	264	
12	👤 Chun Ho Law	Vigor	466	466	0	291	
13	👤 Ching Yau Yuen	Elite	461.5	461.5	0	268	
14	👤 Chi Hung Wong	Masterful Studio	460	460	0	282	
15	👤 Chun Hei Tsang	Masterful Studio	450	450	0	281	
16	👤 Tsun Hei Edgar Ho	Elite	443	443	0	272	
17	👤 Ho Hin Tam	Elite	441	441	0	273	
18	👤 Cheuk Hin Tam	Masterful Studio	434	434	0	283	

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 19+	Event ID: 24507	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
19	👤 Ho Yin Leong	FORCES	430	430	0	274
20	👤 Chi Kin Ng	Masterful Studio	429	429	0	285
21	👤 CHON MENG LEE	Masterful Studio	416.5	416.5	0	286
22	👤 Owen Chin Tai Yan	FORCES	408	408	0	278
23	👤 Tik Long Fung	Alliance	400	400	0	265
24	👤 Sung Chit WONG	FORCES	399	399	0	279
25	👤 Cheuk Fung Ng	Alliance	375	375	0	266
	👤 Yu Fung Ko	RSSAHK	scratch			290
	👤 Po Hang Parco Shum	RSC	scratch			289
	👤 Tin Long Yeung	RSC	scratch			288
	👤 Ho Hin Tam	Elite	scratch			269

## 2025 HKRSA Elite Championship

Results

24496

## Single Rope Speed Endurance

Verified Results

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 11 and Younger		Event ID: 24496	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Hei Yau Chan	Duckie Learning Centre	423	423	0	27	
2	👤 Yan Ki Zheng	Jumper	415	415	0	29	
3	👤 Suet Sha Lo	Alliance	414	414	0	26	
4	👤 Chi Yuet Lai	Jumper	399.5	399.5	0	30	
5	👤 Hoi Ying Fung	Yuen Long Sports Association	395	395	0	36	
6	👤 Chung Yiu Chan	RSC	386	386	0	33	
7	👤 Yan Ching Mok	Duckie Learning Centre	380	380	0	28	
8	👤 YEUK LAM MOK	Jumper	375.5	375.5	0	32	
9	👤 Wai Kiu Cheng	RSC	375	375	0	34	
10	👤 Wing Kwok Pang	Ziberty	372	372	0	37	
11	👤 Tsz Yu Lai	Jumper	362.5	362.5	0	31	
12	👤 Sze Kiu Li	Skipping Pro Ltd	357.5	357.5	0	35	

# 2025 HKRSA Elite Championship

Results  
24513

# Single Rope Speed Endurance

Verified Results

<b>Event: Single Rope Speed Endurance</b>		<b>Division: 2025 HKRSA Elite Championship</b>	<b>Gender: Female</b>	<b>Age Group: 30+</b>	<b>Event ID: 24513</b>		
entries)		<b>Cross-Rank from:</b>	<b>Single Rope Speed Endurance / 2025 HKRSA Elite Championship / Male / 30+ (5 scored</b>				
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
5	👤 Kei Ching Chan	Elite	435	435	0	371	
6	👤 Ching Ting Hui	Stunning	398	398	0	372	

## 2025 HKRSA Elite Championship

## Single Rope Speed Endurance

Results

Verified Results

24502

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 12-15		Event ID: 24502	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 HAU YEE WONG	Fever	499.5	499.5	0	131	
2	👤 Yat Ning Alexis Chong	Elite	483.5	483.5	0	130	
3	👤 Hiu Lam Chan	RSC	464	464	0	140	
4	👤 Sze Yu Pang	Jumper	447.5	447.5	0	138	
5	👤 Emma Wong	Ziberty	444.5	444.5	0	156	
6	👤 Sin Yu Luk	HKRSU	439	439	0	135	
7	👤 Chin Tung Rellaa So	Skipping Pro Ltd	437	437	0	147	
8	👤 Chi Yau Fong	Fever	435.5	435.5	0	132	
9	👤 Chi Hei Chan	Vigor	431	431	0	149	
10	👤 Hoi Kiu Lo	Jumper	429.5	429.5	0	137	
11	👤 Tsz Yiu Wong	RSC	426	426	0	142	
12	👤 Kei Ching Lung	Vigor	420.5	420.5	0	150	
13	👤 Yi Sum Lam	Jumper	410.5	410.5	0	139	
14	👤 Yee Ching Kwok	Vigor	409.5	409.5	0	152	
15 T	👤 Ka Yan Ng	Vigor	404	404	0	151	
15 T	👤 Hoi Ching Wong	RSC	404	404	0	146	
17	👤 Nok Ching Ma	RSC	400	400	0	141	
18 T	👤 Cheuk Lam Jolie NG	RSC	397	397	0	144	

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 12-15	Event ID: 24502		
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
18 T	👤 Ka Yan Tsang	JTI	397	397	0	136	
20	👤 Tsz Hei Law	Yuen Long Sports Association	395	395	0	155	
21	👤 Tsz Fei Lai	Fever	394	394	0	133	
22	👤 Tsz Ying Leung	RSC	393	393	0	145	
23	👤 Sum Yau Law	Skipping Pro Ltd	382.5	392.5	10	148	
24	👤 Hei Wing Isabelle CHUNG	Vigor	357	357	0	153	
25	👤 Cheuk Ying Law	Vigor	353.5	353.5	0	154	
26	👤 YU LOK WONG	Fever	348	348	0	134	
27	👤 Hiu Chin Au	Elite	326	326	0	129	
28	👤 Hiu Tung Wong	RSC	297	297	0	143	



## 2025 HKRSA Elite Championship

Results

24519

## Single Rope Speed Endurance

Verified Results

Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 16-18 (S)			Event ID: 24519
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Hoi Tung Cheng	Skipping Pro Ltd	460.5	460.5	0	415	
2	👤 Tsz Ching Gustave Yeung	Skipping Pro Ltd	445	445	0	417	
3	👤 Hoi Ching Li	Vigor	434	434	0	418	
4	👤 Tsz Yiu Huang	JTI	433	433	0	411	
5	👤 Cheuk Yan Ma	Masterful Studio	416	416	0	413	
6	👤 Yu Tung Lai	Jumper	411.5	411.5	0	412	
7	👤 MEI YI WONG	Vigor	411	411	0	420	
8	👤 Man Yi Katrina Lee	Elite	407	407	0	408	
9	👤 Wing Shih	Skipping Pro Ltd	406	406	0	416	
10	👤 Tsz Mong Chan	Alliance	401	401	0	407	
11	👤 Yi Lam Wong	HKRSU	397	397	0	410	
12	👤 Ka Wai HUANG	Masterful Studio	378.5	378.5	0	414	
13	👤 Sze Lam Roselyn Law	Vigor	345.5	345.5	0	419	
14	👤 Wai Yuet Sophie Ng	FORCES	338	338	0	409	

## 2025 HKRSA Elite Championship

Results

24510

## Single Rope Speed Endurance

Verified Results





Event: Single Rope Speed Endurance		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 19+		Event ID: 24510	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Yin Ting Poon	RSC	492	492	0	349	
2	👤 Hiu Lam Chan	Elite	485	485	0	343	
3	👤 Laam Pui Lam	Elite	475	475	0	340	
4	👤 Sum Yi Lee	FORCES	472	472	0	345	
5	👤 On Yiu Siu	Elite	452	452	0	342	
6	👤 Cho Yi Law	Stunning	450	450	0	351	
7	👤 Hiu Tung Yuen	Elite	444	444	0	337	
8	👤 Mei Kei Maggie Lau	Masterful Studio	436	436	0	348	
9	👤 Yu Fung Ko	RSSAHK	433	433	0	350	
10	👤 Pui Lam Lee	Elite	428.5	428.5	0	339	
11	👤 Lok Yin Charisse Shea	Elite	426	426	0	341	
12	👤 Cheuk Lam Li	Stunning	420	420	0	352	
13	👤 Shin Hang Lo	HKRSU	402	402	0	346	
14	👤 Chun Ying Yu	Elite	385	385	0	338	
15	👤 Cheuk Hay Tsang	HKRSU	351.5	351.5	0	347	
	👤 Wing Yan Wong	FORCES	scratch			344	

# 2025 HKRSA Elite Championship

Results  
24529

## Single Rope Triple Unders

Verified Results

Event: Single Rope Triple Unders		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 30+		Event ID: 24529	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	 Tsz Kin Chu	JTI	100	100	0	1525	
2	 Kwun Kit Wong	Ngai Muk	93	93	0	534	
3	 Pak Hung Cheung	JTI	56	56	0	1523	
4	 Long Hei Luk	Duckie Learning Centre	10	10	0	533	

# 2025 HKRSA Elite Championship

Results  
25235

# Single Rope Triple Unders

Verified Results

<b>Event: Single Rope Triple Unders</b>		<b>Division: 2025 HKRSA Elite Championship</b>	<b>Gender: Male</b>	<b>Age Group: 30+</b>	<b>Event ID: 25235</b>		
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	

# 2025 HKRSA Elite Championship

Results

24525

# Single Rope Triple Unders

Verified Results

Event: Single Rope Triple Unders		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 16-18 (S)			Event ID: 24525
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Zhuo Feng Chen	RSC	170	170	0	502	
2	👤 Pan Wing Chan	RSSAHK	169	169	0	503	
3	👤 Hong Yau Choi	Masterful Studio	150	150	0	501	
4	👤 Shuishan Jiang	HKRSU	140	140	0	500	
5	👤 Tsz Wai Wong	FORCES	91	91	0	496	
6	👤 Siu Hang Fong	FORCES	75	75	0	495	
<hr style="border-top: 1px dashed black;"/>							
7	👤 Ka Lok Ng	HKRSU	35	35	0	498	
8	👤 Pak Ming Yip	FORCES	32	32	0	497	
9	👤 Ka Hei Li	HKRSU	15	15	0	499	
10	👤 Cheuk Hing Ke	Skipping Pro Ltd	scratch			504	
	👤 Ho Yiu Tang	Skipping Pro Ltd	scratch			507	
	👤 Man Hei Lai	Skipping Pro Ltd	scratch			506	
	👤 Cheuk Lam Ke	Skipping Pro Ltd	scratch			505	

# 2025 HKRSA Elite Championship

Results

24527

# Single Rope Triple Unders

Verified Results

Event: Single Rope Triple Unders		Division: 2025 HKRSA Elite Championship	Gender: Male	Age Group: 19+		Event ID: 24527
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #
1	👤 Chi Kin Ng	Masterful Studio	285	285	0	529
2	👤 Ho Yin Leong	FORCES	218	218	0	522
3	👤 CHON MENG LEE	Masterful Studio	185	185	0	530
4	👤 Cheuk Him Ma	HKRSU	152	152	0	528
5	👤 Sung Chit WONG	FORCES	138	138	0	527
6	👤 Owen Chin Tai Yan	FORCES	135	135	0	526
7	👤 Tik Long Fung	Alliance	106	106	0	520
8	👤 Hon Man Chan	FORCES	96	96	0	525
9	👤 Tin Yau Wong	FORCES	60	60	0	523
10	👤 Wing Lam Cheung	FORCES	9	9	0	524
	👤 Chun Ho Law	Vigor	scratch			531
	👤 Wai Wa Anson Man	Alliance	scratch			521
	👤 Cheuk Fung Ng	Alliance	scratch			519

# 2025 HKRSA Elite Championship

Results  
24528

## Single Rope Triple Unders

Verified Results

Event: Single Rope Triple Unders		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 30+	Event ID: 24528		
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
3	👤 Ching Ting Hui	Stunning	60	60	0	516	
5	👤 Ching Yi Cheuk	Elite	27	27	0	532	

# 2025 HKRSA Elite Championship

Results

24524

# Single Rope Triple Unders

Verified Results

Event: Single Rope Triple Unders		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 16-18 (S)			Event ID: 24524
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	👤 Wing Shih	Skipping Pro Ltd	110	110	0	489	
2	👤 Tsz Mong Chan	Alliance	90	90	0	508	
3	👤 Yi Lam Wong	HKRSU	76	76	0	488	
4	👤 Tsz Ching Gustave Yeung	Skipping Pro Ltd	73	73	0	490	
5	👤 Hoi Ching Li	Vigor	70	70	0	493	
6	👤 Hoi Tung Cheng	Skipping Pro Ltd	68	68	0	491	
7	👤 MEI YI WONG	Vigor	62	62	0	494	
8	👤 Sze Lam Roselyn Law	Vigor	25	25	0	492	
9	👤 Tsz Yiu Huang	JTI	22	22	0	1524	
10	👤 Wai Yuet Sophie Ng	FORCES	0	0	0	487	



# 2025 HKRSA Elite Championship

Results

24526

# Single Rope Triple Unders

Verified Results

Event: Single Rope Triple Unders		Division: 2025 HKRSA Elite Championship	Gender: Female	Age Group: 19+		Event ID: 24526	
Place	Participants	Team	Total	Steps (a)	Deduc (m)	Entry #	
1	Mei Kei Maggie Lau	Masterful Studio	162	162	0	514	
2	Cho Yi Law	Stunning	138	138	0	517	
3	Shin Hang Lo	HKRSU	118	118	0	512	
4	Cheuk Lam Li	Stunning	101	101	0	518	
5	Yu Fung Ko	RSSAHK	93	93	0	515	
6	Cheuk Hay Tsang	HKRSU	51	51	0	511	
7	Sum Yi Lee	FORCES	47	47	0	509	
8	Yu Tung Lai	Jumper	21	21	0	513	
	Wing Yan Wong	FORCES	scratch			510	

# 2025 HKRSA Elite Championship

Results  
24499

# Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 11 and Younger			Event ID: 24499	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	👤 Yiu Hong Chun	Fever	6.33	3.45	13.61	1.91	6.32	+59 %	±0 %	-37 %	66
2	👤 Yu Cheung Choi	HKRSU	5.66	1.39	10.86	2.53	4.93	+55 %	-5 %	-22 %	68
3	👤 Cheuk Lap Fong	RSC	4.73	1.33	12.56	3.96	5.95	+61 %	-5 %	-48 %	70
4	👤 WAI CHUN CHEUNG	TSRSA	4.52	1.61	9.24	4.14	5.00	+51 %	-5 %	-37 %	73
5	👤 Shun Yin Chan	Alliance	4.49	1.37	9.00	2.38	4.25	+59 %	-5 %	-30 %	64
6	👤 Chun Yan Leung	HKRSU	4.38	1.87	8.57	2.72	4.38	+50 %	-2 %	-32 %	67
7	👤 Ka Him Chan	Alliance	3.85	1.18	11.60	2.13	4.97	+46 %	-7 %	-43 %	63
8	👤 Nok Tung Ma	RSC	3.72	1.52	7.67	3.79	4.32	+59 %	-5 %	-43 %	71
9	👤 Yuk Long Poon	Duckie Learning Centre	3.71	2.01	7.89	2.92	4.27	+61 %	-2 %	-45 %	65

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 11 and Younger			Event ID: 24499	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
10	👤 Ho Wang Jay Tang	Vigor	3.63	1.67	12.68	3.93	6.09	+45 %	-2 %	-58 %	74
11	👤 Tin Hang Tivon IP	RSC	3.27	1.83	4.59	3.16	3.19	+48 %	-5 %	-27 %	72
12	👤 Dick Son Keung	HKSPORTSPRO	1.8	1.23	6.28	3.58	3.69	+38 %	-7 %	-62 %	1507
13	👤 Ching Kiu Cho	JTI	0	0.42	3.02	2.84	2.09	+42 %	-12 %	-100 %	69

## 2025 HKRSA Elite Championship

Results

24517

## Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 30+			Event ID: 24517	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	👤 Chu Ting Ho	RSC	15.78	16.88	16.22	3.16	12.09	+74 %	±0 %	-25 %	392
2	👤 Kwun Kit Wong	Ngai Muk	6.22	4.48	10.22	3.05	5.92	+65 %	-2 %	-35 %	390
3	👤 Pak Hung Cheung	JTI	4.79	0.72	16.87	3.46	7.02	+58 %	-10 %	-52 %	389
4	👤 Tsz Kin Chu	JTI	3.76	4.14	7.01	3.13	4.76	+57 %	-5 %	-47 %	388
5	👤 Wing Lok Chow	RSC	2.7	2.62	13.22	2.54	6.13	+48 %	-7 %	-68 %	391
6	👤 Long Hei Luk	Duckie Learning Centre	0.85	1.55	10.38	2.89	4.94	+39 %	-5 %	-87 %	387

## 2025 HKRSA Elite Championship

Results

24505

## Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 12-15			Event ID: 24505	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	👤 Tsz Hin Cheung	RSC	8.96	5.78	21.68	3.47	10.31	+58 %	±0 %	-45 %	221
2	👤 Tsun Ka Ho	Vigor	8.58	7.95	18.42	2.94	9.77	+54 %	±0 %	-43 %	230
3	👤 Cheuk Yin Lau	HKRSU	8.36	2.76	21.65	3.93	9.45	+56 %	-10 %	-37 %	214
4	👤 Chun lai Kong	RSC	6.68	5.98	22.18	2.50	10.22	+52 %	±0 %	-57 %	222
5	👤 Hui San Lei	HKRSU	6.24	2.14	15.46	2.07	6.56	+54 %	-2 %	-37 %	219
6	👤 Tin Long Lee	RSC	6.11	3.33	10.95	4.62	6.30	+65 %	-2 %	-40 %	223
7	👤 Ka Lok Chan	Skipping Pro Ltd	5.7	2.26	17.81	3.14	7.74	+67 %	-2 %	-55 %	228
8	👤 Aden Hei Tung CHUNG	Vigor	5.34	1.14	20.02	3.54	8.23	+55 %	-7 %	-55 %	232
9	👤 Chun Kit Siu	HKRSU	3.98	1.55	11.86	2.11	5.17	+42 %	-5 %	-43 %	215
10	👤 Chung Hei Wong	HKRSU	3.9	1.31	13.94	2.20	5.82	+47 %	-5 %	-52 %	216

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 12-15			Event ID: 24505	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
11	👤 Cheuk Wang Kwok	Fever	3.45	1.90	15.45	3.85	7.06	+56 %	-2 %	-68 %	212
12	👤 Yin Hang Chung	Duckie Learning Centre	2.43	2.49	13.69	2.97	6.38	+41 %	±0 %	-73 %	210
13	👤 Hau Yin Kwong	Duckie Learning Centre	2.32	1.85	10.10	3.48	5.14	+44 %	-2 %	-68 %	211
14	👤 Qing Bin Chen	RSC	1.93	1.43	11.45	3.51	5.46	+38 %	-5 %	-73 %	224
15	👤 Ho Yuen Louie	RSSAHK	1.78	0.45	25.17	4.18	9.93	+57 %	-12 %	-87 %	225
16	👤 Tsz Ming Tsui	RSSAHK	1.68	1.06	17.29	3.26	7.20	+39 %	-7 %	-82 %	226
17	👤 Tung Yeung Cheung	Vigor	1.22	0.30	17.98	3.58	7.29	+46 %	-12 %	-87 %	229
18	👤 Chun Hei Tsang	HKRSU	1.18	0.80	13.27	2.91	5.66	+36 %	-10 %	-83 %	217
19	👤 Yui Chit Lee	HKSPORTSPRO	1.02	0.79	10.60	2.61	4.67	+35 %	-10 %	-82 %	1510
20	👤 Chun Long Ng	Ziberty	0.92	1.30	11.93	2.11	5.11	+49 %	-7 %	-87 %	234
21	👤 Tsz Fung Mak	JTI	0.57	3.79	12.19	2.62	6.20	+38 %	-5 %	-93 %	220













## 2025 HKRSA Elite Championship

Results

24523

## Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 16-18 (S)			Event ID: 24523	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	 Hong Yau Choi	Masterful Studio	17.68	9.96	20.88	5.10	11.98	+64 %	±0 %	-10 %	476
2	 Pak Wai Chu	RSC	14.13	20.71	7.09	4.51	10.77	+64 %	±0 %	-20 %	480
3	 Cheuk Lam Ke	Skipping Pro Ltd	12.39	3.64	41.84	1.70	15.73	+75 %	-10 %	-50 %	483
4	 Pak Ming Yip	FORCES	11.08	19.20	14.18	2.83	12.07	+61 %	±0 %	-43 %	472
5	 Ho Yiu Tang	Skipping Pro Ltd	10.65	16.21	24.87	1.92	14.33	+58 %	-2 %	-52 %	486
6	 Ka Lok Ng	HKRSU	10.32	6.54	24.68	1.91	11.04	+64 %	±0 %	-43 %	474
7	 Ka Hei Li	HKRSU	9.65	2.70	23.75	1.96	9.47	+65 %	-5 %	-35 %	475
8	 Zhuo Feng Chen	RSC	8.93	2.17	19.97	2.79	8.31	+55 %	-5 %	-27 %	478
9	 Tsz Wai Wong	FORCES	6.46	15.55	21.17	2.38	13.03	+55 %	±0 %	-68 %	471
10	 Ming Hin But	RSC	5.58	5.60	17.16	3.75	8.84	+61 %	-2 %	-60 %	479



Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 16-18 (S)			Event ID: 24523	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
11	 Shuishan Jiang	HKRSU	4.48	1.81	18.67	2.36	7.61	+32 %	-7 %	-52 %	473
12	 Tin Nam Lee	Elite	4.46	4.42	24.54	2.42	10.46	+48 %	-10 %	-68 %	469
13	 Man Hei Lai	Skipping Pro Ltd	3.74	14.20	19.33	2.66	12.06	+41 %	±0 %	-78 %	485
14	 Pan Wing Chan	RSSAHK	3.4	2.92	23.02	2.46	9.46	+40 %	-5 %	-73 %	481
15	 Cheuk Hing Ke	Skipping Pro Ltd	2.95	8.77	31.69	2.06	14.18	+60 %	±0 %	-87 %	484
16	 Hoi Hang Chen	Skipping Pro Ltd	2.39	2.67	22.73	2.87	9.42	+52 %	-2 %	-83 %	482
17	 Ka Po Lai	Masterful Studio	2.32	6.38	11.74	2.81	6.97	+51 %	±0 %	-78 %	477
18	 Siu Hang Fong	FORCES	1.79	4.42	23.63	2.59	10.21	+50 %	-10 %	-87 %	470
19	 Kin Yeung Marco AU	HKSPORTSPRO	0	5.01	19.49	3.16	9.22	+49 %	-5 %	-100 %	1518

# 2025 HKRSA Elite Championship

Results  
24508

# Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 19+			Event ID: 24508	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	Tin Yau Wong	FORCES	17.42	10.31	24.79	3.80	12.96	+68 %	±0 %	-20 %	304
2	Yun San Leung	Elite	12.92	6.64	16.89	3.77	9.10	+67 %	±0 %	-15 %	295
3	Ching Yau Yuen	Elite	10.85	6.14	16.42	1.98	8.18	+63 %	-2 %	-17 %	299
4	Kai Ming Wong	RSC	10.54	14.38	15.05	3.38	10.93	+53 %	±0 %	-37 %	315
5	Chi Kin Ng	Masterful Studio	10.42	8.03	10.99	3.96	7.66	+70 %	±0 %	-20 %	313
6	Owen Chin Tai Yan	FORCES	8.77	7.00	18.83	3.50	9.78	+53 %	-7 %	-37 %	306
<hr style="border-top: 1px dashed black;"/>											
7	Chun Hei Tsang	Masterful Studio	7.42	6.46	15.14	3.43	8.35	+56 %	±0 %	-43 %	309
8	CHON MENG LEE	Masterful Studio	7.01	6.48	13.32	3.83	7.88	+65 %	-2 %	-45 %	314
9	Wing Lam Cheung	FORCES	6.95	3.85	16.92	2.99	7.92	+57 %	-2 %	-43 %	303

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Male		Age Group: 19+			Event ID: 24508	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
10	👤 Chi Hin Mak	Elite	6.85	4.34	17.70	3.82	8.62	+53 %	-2 %	-47 %	300
11	👤 Ho Yin Leong	FORCES	6.78	4.31	20.48	1.83	8.87	+50 %	-2 %	-48 %	302
12	👤 Cheuk Him Ma	HKRSU	6.24	1.03	19.63	1.83	7.50	+57 %	-7 %	-43 %	308
13	👤 Hon Man Chan	FORCES	5.64	5.38	23.85	2.20	10.48	+49 %	-5 %	-62 %	305
14	👤 Tin Long Yeung	RSC	5.26	9.09	9.30	2.72	7.03	+44 %	±0 %	-48 %	316
15	👤 Ho Hin Tam	Elite	5.13	4.48	18.23	3.26	8.65	+44 %	-2 %	-58 %	298
16	👤 Tsun Hei Edgar Ho	Elite	4.56	3.92	10.99	2.77	5.89	+43 %	-5 %	-43 %	296
17	👤 Sung Chit WONG	FORCES	4.5	4.47	21.76	3.43	9.89	+53 %	-7 %	-68 %	307
18	👤 Chun Ho Law	Vigor	4.1	2.99	22.50	2.85	9.44	+43 %	-5 %	-68 %	319
19	👤 Po Hang Parco Shum	RSC	3.27	1.54	1.07	6.77	3.13	+63 %	-20 %	-20 %	317
20	👤 Chin Hei Lai	Masterful Studio	2.97	4.06	12.73	2.69	6.49	+43 %	±0 %	-68 %	312



## 2025 HKRSA Elite Championship

Results

24498

## Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 11 and Younger			Event ID: 24498	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	👤 Hei Yau Chan	Duckie Learning Centre	4.84	0.82	12.85	4.31	6.00	+63 %	-10 %	-45 %	52
2	👤 Chung Yiu Chan	RSC	4.05	3.05	3.92	5.29	4.08	+49 %	-2 %	-32 %	58
3	👤 Yan Ching Mok	Duckie Learning Centre	3.52	0.89	3.97	4.60	3.15	+60 %	-7 %	-25 %	53
4	👤 Yan Ki Zheng	Jumper	3.52	0.80	8.87	3.68	4.45	+54 %	-10 %	-43 %	54
5	👤 Sze Kiu Li	Skipping Pro Ltd	2.95	1.92	7.60	3.93	4.48	+68 %	-2 %	-60 %	60
6	👤 Hoi Ying Fung	Yuen Long Sports Association	2.84	1.57	6.17	3.20	3.64	+53 %	-2 %	-48 %	61
7	👤 Wai Kiu Cheng	RSC	2.48	0.72	3.43	5.30	3.15	+59 %	-10 %	-45 %	59
8	👤 Suet Sha Lo	Alliance	2.44	1.06	7.22	2.72	3.66	+59 %	-7 %	-55 %	51
9	👤 Chi Yuet Lai	Jumper	1.38	1.20	5.36	2.78	3.11	+26 %	-7 %	-62 %	55
10	👤 Tsz Yu Lai	Jumper	1.23	3.27	4.34	3.43	3.67	+52 %	±0 %	-78 %	56
11	👤 YEUK LAM MOK	Jumper	1.12	0.52	1.41	2.21	1.38	+59 %	-15 %	-40 %	57


Event: Single Rope Individual Freestyle

Division: 2025 HKRSA  
Elite Championship

Gender: Female

Age Group: 11 and  
Younger

Event ID: 24498



Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
12	 Wing Kwok Pang	Ziberty	0	1.26	8.48	1.60	3.78	+51 %	-7 %	-100 %	62

# 2025 HKRSA Elite Championship

Results  
24514

# Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle		Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 30+		Event ID: 24514			
entries)		Cross-Rank from:		Single Rope Individual Freestyle / 2025 HKRSA Elite Championship / Male / 30+ (6 scored							
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
3	 Kei Ching Chan	Elite	5.65	2.16	3.58	7.44	4.39	+65 %	±0 %	-22 %	373
8	 Ching Ting Hui	Stunning	0	0.00	0.00	0.00	0.00	±0 %	-45 %	±0 %	374

## 2025 HKRSA Elite Championship

Results

24504







## Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 12-15			Event ID: 24504	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	👤 Hiu Lam Chan	RSC	7.95	2.97	15.32	3.29	7.19	+58 %	±0 %	-30 %	193
2	👤 Yat Ning Alexis Chong	Elite	7.78	1.75	12.91	4.54	6.40	+59 %	-2 %	-22 %	182
3	👤 Hiu Chin Au	Elite	7.58	3.26	8.38	3.51	5.05	+58 %	±0 %	-5 %	183
4	👤 Sum Yau Law	Skipping Pro Ltd	6.83	2.87	10.63	3.62	5.70	+63 %	-2 %	-25 %	201
5	👤 HAU YEE WONG	Fever	6.75	2.26	17.17	4.61	8.01	+59 %	-7 %	-43 %	184
6	👤 Kei Ching Lung	Vigor	4.81	1.63	9.94	3.53	5.03	+55 %	-2 %	-37 %	203
7	👤 Tsz Ying Leung	RSC	4.78	1.68	10.43	4.67	5.59	+43 %	-5 %	-37 %	198
8	👤 Chi Hei Chan	Vigor	4.66	1.41	15.77	2.92	6.70	+38 %	-5 %	-47 %	202
9	👤 Sze Yu Pang	Jumper	4.38	1.15	10.21	3.02	4.79	+56 %	-7 %	-37 %	191
10	👤 Nok Ching Ma	RSC	4.18	1.85	13.47	3.35	6.22	+43 %	-2 %	-52 %	194
11	👤 Hoi Ching Wong	RSC	4.11	1.88	8.81	4.52	5.07	+45 %	-2 %	-43 %	199



Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 12-15			Event ID: 24504	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
12	👤 Tsz Fei Lai	Fever	3.92	1.69	10.60	4.02	5.44	+53 %	-2 %	-52 %	186
13	👤 Yee Ching Kwok	Vigor	3.83	1.49	10.85	4.79	5.71	+47 %	-5 %	-52 %	205
14	👤 Chin Tung Rellaa So	Skipping Pro Ltd	3.75	5.71	14.00	3.29	7.66	+63 %	±0 %	-70 %	200
15	👤 Cheuk Ying Law	Vigor	3.68	1.36	8.35	3.53	4.42	+39 %	-5 %	-37 %	207
16	👤 Hiu Tung Wong	RSC	3.68	2.21	13.22	2.93	6.12	+40 %	±0 %	-57 %	196
17	👤 Yi Sum Lam	Jumper	3.32	1.25	7.48	2.22	3.65	+63 %	-7 %	-40 %	192
18	👤 Tsz Yiu Wong	RSC	2.76	0.70	14.75	2.91	6.12	+32 %	-10 %	-62 %	195
19	👤 Tsz Hei Law	Yuen Long Sports Association	2.6	2.12	6.02	4.17	4.10	+39 %	-5 %	-52 %	208
20	👤 Hei Wing Isabelle CHUNG	Vigor	2.45	1.86	11.21	3.35	5.47	+43 %	-2 %	-68 %	206
21	👤 Sin Yu Luk	HKRSU	2.41	1.14	13.73	3.00	5.95	+36 %	-7 %	-68 %	188
22	👤 Cheuk Lam Jolie NG	RSC	1.58	1.79	10.12	2.11	4.67	+28 %	-2 %	-73 %	197

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 12-15			Event ID: 24504	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
23	 Emma Wong	Ziberty	1.39	1.46	8.24	2.31	4.00	+35 %	-5 %	-73 %	209
24	 YU LOK WONG	Fever	0.98	1.23	8.72	3.06	4.33	+43 %	-7 %	-83 %	187
25	 Hoi Kiu Lo	Jumper	0.95	1.07	8.47	3.21	4.25	+41 %	-7 %	-83 %	190
26	 Ka Yan Ng	Vigor	0.82	1.22	7.36	3.23	3.94	+31 %	-7 %	-83 %	204
27	 Ka Yan Tsang	JTI	0.77	0.87	8.38	2.25	3.83	+31 %	-10 %	-83 %	189
28	 Chi Yau Fong	Fever	0.46	0.00	8.70	1.69	3.46	+24 %	-17 %	-87 %	185

## 2025 HKRSA Elite Championship

Results

24520

## Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 16-18 (S)			Event ID: 24520	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	👤 Wing Shih	Skipping Pro Ltd	6.74	1.52	17.02	2.59	7.04	+60 %	-5 %	-37 %	429
2	👤 Man Yi Katrina Lee	Elite	5.4	3.31	6.84	4.26	4.80	+54 %	±0 %	-27 %	422
3	👤 Hoi Tung Cheng	Skipping Pro Ltd	3.18	2.35	10.87	3.51	5.58	+50 %	±0 %	-62 %	428
4	👤 Tsz Mong Chan	Alliance	2.35	1.89	12.22	3.68	5.93	+50 %	-2 %	-73 %	421
5	👤 Yi Lam Wong	HKRSU	2.17	2.55	12.28	1.52	5.45	+34 %	-7 %	-68 %	424
6	👤 Hoi Ching Li	Vigor	1.88	1.82	15.38	2.70	6.63	+36 %	-5 %	-78 %	431
7	👤 Tsz Ching Gustave Yeung	Skipping Pro Ltd	1.58	1.82	4.52	4.32	3.55	+42 %	-2 %	-68 %	430
8	👤 MEI YI WONG	Vigor	1.23	1.27	17.11	2.53	6.97	+46 %	-7 %	-87 %	433
9	👤 Tsz Ching Ip	Vigor	1.19	1.12	8.80	3.12	4.34	+34 %	-7 %	-78 %	434
10	👤 Yu Tung Lai	Jumper	0.95	1.31	7.95	1.42	3.56	+35 %	-10 %	-78 %	426

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 16-18 (S)			Event ID: 24520	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
11	👤 Ka Wai HUANG	Masterful Studio	0.88	1.63	6.27	3.84	3.91	+43 %	-7 %	-83 %	427
12	👤 Cheuk Yan Ma	Masterful Studio	0.43	1.67	10.83	2.21	4.90	+33 %	-5 %	-93 %	1514
13	👤 Sze Lam Roselyn Law	Vigor	0.4	0.95	11.73	2.64	5.10	+21 %	-7 %	-93 %	432
14	👤 Wai Yuet Sophie Ng	FORCES	0	1.29	8.68	2.83	4.27	+21 %	-5 %	-100 %	423
15	👤 Tsz Yiu Huang	JTI	0	0.72	5.34	2.36	2.81	+6 %	-10 %	-100 %	425











## 2025 HKRSA Elite Championship

Results

24511

## Single Rope Individual Freestyle

Verified Results

Event: Single Rope Individual Freestyle			Division: 2025 HKRSA Elite Championship		Gender: Female		Age Group: 19+			Event ID: 24511	
Place	Participants	Team	Total	Diff (dP)	Diff (dM)	Diff (dR)	Diff (D)	Pres (P)	Req. EI (Q)	Deduc (M)	Entry #
1	 Cheuk Lam Li	Stunning	10.01	2.82	11.98	4.16	6.32	+76 %	±0 %	-10 %	367
2	 Pui Lam Lee	Elite	9.36	4.55	11.33	4.89	6.92	+69 %	±0 %	-20 %	357
3	 Laam Pui Lam	Elite	7.58	3.00	12.49	5.28	6.92	+61 %	±0 %	-32 %	358
4	 Hiu Lam Chan	Elite	6.97	1.42	14.87	5.40	7.23	+61 %	-5 %	-37 %	353
5	 Mei Kei Maggie Lau	Masterful Studio	6.84	5.97	11.82	4.86	7.55	+59 %	±0 %	-43 %	364
6	 Yu Fung Ko	RSSAHK	6.75	1.70	19.42	3.19	8.10	+54 %	-5 %	-43 %	366
7	 Chun Ying Yu	Elite	5.85	2.40	13.78	4.09	6.75	+60 %	-5 %	-43 %	356
8	 Cho Yi Law	Stunning	5.37	4.29	11.98	3.48	6.58	+54 %	±0 %	-47 %	368
9	 Shin Hang Lo	HKRSU	4.92	2.35	13.91	3.72	6.66	+54 %	±0 %	-52 %	362
10	 Hiu Tung Yuen	Elite	4.51	2.42	11.91	3.84	6.05	+51 %	-5 %	-48 %	355

